



## SELF-GUIDED HUT TO HUT

PELMO, CIVETTA AND THE SOUTHERN DOLOMITES – 7 NIGHT TOUR

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# PELMO, CIVETTA AND THE SOUTHERN DOLOMITES

## 7 Night Tour - The Facts

Picturesque and memorable but altogether less busy, this tour takes in Cinque Torri, Monte Pelmo, Monte Civetta, the Bellunesi Dolomites, and covers the quieter, Southern parts of the renowned Alta Via 1. The itinerary uses a mix of remote rifugios in dramatic locations and more modern huts on quieter mountain passes, all with striking views, before a final night in a small family run hotel in the traditional town of Agordo.

## Terrain

This route uses only waymarked routes which are mostly straightforward to navigate using signposts and waymarkers. However, some small sections of the route can be tricky to follow, particularly in bad visibility, so competence with map reading is required. Terrain varies from wide gravel tracks, narrow paths through open meadows, and looser rocky paths particularly once you get amongst the higher peaks. Parts of the route are subject to erosion and the exact line of the routes may change slightly each year.

Naturally, in the high mountains a certain level of hiking experience, surefootedness, a good head for heights and a good level of fitness are essential.

*Please note that routes in the high massifs, such as this one, may require you to cross patches of snow early in the season.*

Grade : Moderate/Hard, with some high level easy scrambling and exposed paths on some days.

Walking Time : 4½ to 6½ hours (based on 3 km/h)

Ascent : 350m to 1200m per day

Descent : 690m to 1400m per day

*Please note that walking time does not include time taken for rests or lunch breaks and is an indication of how long the walking itself will take.*

## Dates & Prices

Late June to mid September, with August being particularly busy in the rifugios.

### £825 per person

*Arrive on the day of your choice. Airport transfers are on offer on Saturdays, Sundays, Tuesdays and Thursdays.*

*Please note that all bookings are subject to availability in the rifugios and hotels - please do not make any travel arrangements until we have confirmed your accommodation dates. Prices are based on Half Board accommodation in dormitory style rooms in mountain rifugios and Half Board accommodation at the hotel in Agordo.*

*Rifugio Staulanza and Rifugio San Sebastiano have the option to upgrade to private rooms - this is subject to a supplement of £15 per person per night.*

*All dorms are mixed sex and vary in size from rifugio to rifugio.*

*No single supplements apply for dormitory accommodation but are applied to upgrades to private rooms.*

*You must supply your own sleeping bag liners for all dormitory accommodation.*

*Towels are not provided in any rifugio accommodation - please bring your own.*

## Included in the price

- Return airport transfers from Venice Marco Polo or Venice Treviso.  
*(We offer transfers from Venice Marco Polo at 3pm and from Treviso airport at 3.30pm 4 days a week: Saturday, Sunday, Tuesday and Thursday. For departing flights, we ask that flights booked are no earlier than 11.00am. - see [www.colletts.co.uk/dolomites/airport-transfers-to-the-italian-dolomites](http://www.colletts.co.uk/dolomites/airport-transfers-to-the-italian-dolomites)).*
- B&B accommodation in the Alta Badia for the first and last nights of your trip - usually in a 2\* guesthouse or one of our hosted chalets.
- All rifugio bookings on a half board basis (breakfast and dinner included)
- Detailed route laminates.
- All relevant maps.
- Detailed pre-departure information including packing suggestions.

## Not included in the price

- Flights.
- Insurance.
- Packed lunches (these are available at every rifugio).
- Drinks/snacks and any other purchases in the rifugios - some rifugios do not have drinkable tap water.
- Lifts/cable cars and buses.

# Route Information

## Day 1 - Croda da Lago via Cinque Torri

**11.5km, 700m ascent, 800m descent** - Take a bus to Passo Falzarego. The walk begins with a steady ascent up to the dramatic Cinque Torri, giving views on both sides of some of the Dolomites most impressive 3000m peaks. Descending from the rocky terrain you head into the Ampezzo region, and meander through the forest crossing the road up to Passo Giaù and climbing to the Rifugio Croda da Lago. Some small sections of easy scrambling are required early on in the day, and you can spend a good period of time exploring the open-air museum at Cinque Torri.

**Overnight accommodation - Rifugio Croda da Lago**

## Day 2 - Towards Pelmo

**9.7km, 400m ascent, 700m descent** - From the Rifugio you head South, climbing towards Forcella Ambrizzola, gaining views over to the west of Monte Mondeval and the Tofana group, and ahead of you, the imposing Monte Pelmo. Traversing high meadows, you head towards Monte Pelmo, arriving at Rifugio Staulanza. On one of the easier days of the tour, you can either have a restful afternoon at the rifugio, making use of the wellness centre, or take one of the optional extensions to see the dinosaur footprints on Monte Pelmo, or climb to the summit of Crot, to gain a commanding view over the Val Fiorentina.

**Overnight accommodation - Rifugio Staulanza**

## Day 3 - Val Civetta

**15.2km, 850m ascent, 900m descent** – Today takes you away from Monte Pelmo and towards the impressive Civetta. You ascend into the Civetta ski area, before climbing steeply up to Forcella Coldai, where sections of the path may feel exposed. From Coldai, you traverse under the entire North Face of the Civetta mountain, and her impressive hanging glacier, whilst also sneaking views down to Alleghe, and the Lago d'Alleghe. Rifugio Tissi, en-route provides an impressive viewpoint for lunch, before you continue through the high Alpine meadows, reaching Rifugio Vazzoler nestled between Cima Venezia and Cima Trieste on the Civetta group.

**Overnight accommodation – Rifugio Vazzoler**

## Day 4 - Southern Civetta

**11km, 950m ascent, 1100m descent** - Today takes you away from Civetta and traversing under the southern end of Moiazza Sud, an impressive mountain hidden behind Civetta. Descending steeply from the Rifugio, you undulate through dwarf pines, forests and scree, before climbing up to Col d'ors and Forcella del Camp. This path has sections of light scrambling, and traversing of scree on wide open slopes, that whilst remains on a good path, may feel exposed. Heavy snow in the winter may lead to sections of the path being eroded, or even retaining snow over the path early season. From Forcella del Camp, it is then a descent all the way to Passo Duran, passing Rif. Carestiatto, which can make an ideal leisurely lunch stop.

**Overnight accommodation - Rifugio San Sebastiano**

## Day 5 (Option A) – Tamer Group via the Alta Via 1

**10.5km, 550m ascent, 300m descent** – The more amenable but no-less spectacular southern loop of the Tamer group, following the renowned Alta Via 1, offers fantastic views of the Dolomiti Bellunesi National Park to the south. Traversing on the sunny southern side and remaining high-level throughout, this walk feels like a real reward for your earlier exertions. The final ascent through the Forcella Moschesin and to the rifugio enters into the heart of this less well-known Dolomite group, offering a chance to enjoy a high mountain setting with friends made on the trail.

**Overnight accommodation - Rifugio Pramparet**

## Day 5 (Option B) – Tamer Group via the Anello Zoldano

**11km, 1150m ascent, 900m descent** – Cross over into the Dolomiti Bellunesi National Park, entering the hidden gem of the Southern Dolomites. The quiet, rugged 'Anello Zoldano' trail make for an adventurous and challenging walk on paths less-travelled. The harder of the two options, the northern loop of the Tamer group has some sections of steep ascent to spectacular rocky cols and some scrambling on rugged and at times exposed terrain. It feels like you emerge from a hidden route into the busier Val Balanzola, where a well-earned drink with a sense of achievement at the fantastically situated Malga Pramper awaits before the final ascent to the rifugio.

**Overnight accommodation - Rifugio Pramparet**

## Day 6 – Cresta del Valaraz

**12.8km, 350m ascent, 1400m descent** - The final day takes you down, towards the town of Agordo, often seen as the gateway to the Dolomites, but not before one final exciting high-level section along a little known and spectacular ridge. The first part of the day traverses towards Forcella del Moschesin, before you pick up "Sentiero La Montagne Domentica", or "the forgotten mountain path". This rugged path takes you well away from the most walked trails up to the beautiful Valaraz summit with one last glorious panorama before the descent down. Head into La Valle Agordina, from where you can walk, bus or taxi down to Agordo itself, enjoying some time in the characterful and picturesque town square or heading to your accommodation at a friendly, family-run guest house, 5 minutes' walk from the centre.

**Overnight accommodation - Hotel in Agordo**

## Day 7

On Day 7, you will be met by the Collett's transfer that left the Alta Badia earlier in the morning as it has a short refreshment stop for Alta Badia guests whilst collecting you. Your transfer time will be confirmed in the meet and greet by the Collett's Host before you depart on your trek. It is unlikely to stop again before reaching Treviso, or Marco Polo airport. To avoid any necessary delays for yourselves, or other guests on the transfer, please make sure you are ready a few minutes before the scheduled transfer pick-up time. The driver will contact you on the number provided during the booking if there are any delays en route to collect you.

If you are continuing your holiday with us in the Alta Badia, you will either be collected by an inbound CMH transfer on the afternoon Day 6, or you can explore Agordo and nearby Alleghe, and transfer up to resort the following afternoon.

## At Your Own Risk

*Your self-guided hut to hut itineraries will be spent entirely at your own risk and it is important that you understand that whilst these routes are accurate at the time of writing, the situation on the ground may change and the itineraries rely on your sound judgement and decision making throughout.*

*Our self-guided hut to hut itineraries are put together on a basis of goodwill so that you might enjoy a route you may not otherwise have discovered having organised the itinerary yourself. It represents nothing more than the opportunity to go out on a beautiful walk in a part of this wonderful walking area, with the support of knowing that many of the logistics have been arranged for you.*

*It is a fact that mountains, mountainous areas and activities undertaken in them are associated with personal injury and death. By coming to such areas, you are exposing yourself and your party to the possibility of personal injury or even death. In such an event, Collett's Mountain Holidays will not be held responsible for your interest in mountainous areas and your involvement in mountain pursuits, which can occasionally have tragic consequences.*

*It is important that you understand that these routes are put together using our extensive knowledge of the area, to provide a route which we believe will be enjoyable and realistic for people who decide that they have the appropriate level of fitness and ability in order to complete the itinerary safely. The information provided uses only marked paths which are in use at the time of writing, however, it is your responsibility to continually assess the suitability and safety of the route throughout the walk and to undertake any action necessary to avoid any terrain which each or any member of the group is not comfortable with. The route choice also assumes an ability to read maps and navigate competently.*

*It is the responsibility of each individual in the group to make an assessment of the information provided, and to make an informed decision about whether the itinerary is suitable for them.*

*Finally, during your holiday with Collett's Mountain Holidays you act at your own risk on any ideas, information and opinions you might acquire from our walk organisers or from material prepared by us to help you get the most from the area.*

